

# Niagara-on-the-Lake May 26, 2020 Newsletter



## Phase 1 COVID - 19 Return to play guidelines

Phase 1 **Objective**; In concert with guidelines established by both Tennis Canada and the Ontario Tennis Association, we intend to open our club for play with attention to safely facilitating return to the courts mindful of our individual and club responsibility to take every precaution reasonable to protect the safety and health of our members.

**Do not play if you have any respiratory illness symptoms including; cough, shortness of breath, sore throat, runny nose, nasal congestion, hoarse voice, difficulty swallowing or loss of taste or smell.**

**Phase 1: Singles only** (exception: if all four members reside in the same household may play doubles)

Social events, tournaments and leagues not permitted during this phase.

There will be no guests, member or club run groups

**On-line booking**: We will be using on-line booking to ensure all members can readily see if courts are available for play and to have a record of who played when, in the event that we require some tracking or tracing info.

*(We are using GAMETIME (same as White Oaks) instructions are on the Club website)*

**Preparation for Play**: Book your court online. Be ready to play, properly dressed (hat, sunglasses, sun tan lotion etc.) with water bottle, towel and any other accessories. Bring hand sanitizer/wipes you may require and tennis balls and mark with your court number.

**Arrival and Entry:** Do not arrive more than 10 minutes before your court time. Know your court and time and wait in your car or physically distancing (6 ft. or 2m).

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Enter by the front gate only when all players on your court have left (through the back gate).

**Play:** Only handle your own tennis balls. If a stray ball lands near you return it safely using your feet or racquet. Avoid changing sides if possible, if changing, players should change at opposite ends of the net.

**Departure and Exit:** Exit the court promptly at the end of your scheduled time to allow safe and proper access to the next members. Take all of your belongings and any garbage with you. Maintain physical distancing at all times while exiting.

Exit through the back gate.

### **Other Phase 1 Info:**

#### **Items listed below will not be available in Phase 1:**

- • Kitchen
- • Ball Machine
- • Divider net between court 3 & 4
- • Court lights
- • Court benches and scorecards
- • Court cleaning squeegee, carpets
- • Practice Board on court 4
- • Front and back gate should remain open during play to avoid contact
- • Washroom facilities (in the pool) may not be available (Town's discretion)

#### **Avoid:**

- • Handshakes or high fives
- • Touching your face, wiping eyes or nose
- • Touching any hard surfaces, nets, posts, gate and fence

#### **Consider:**

- • Changing balls and racquet grips more frequently.

#### **Monitoring and consequences of non-compliance;**

- • All members are expected to adhere strictly to these guidelines
- • Members of the board will be monitoring compliance.
- • By-law officers and other public officials may also monitor for compliance.
- • If members fail to act responsibly in accordance with the guidelines in Phase 1, the board may reprimand, suspend or revoke membership or member privileges.

**Tennis Instruction:** Permitted with zero touch techniques and strict adherence to physical distancing measures. Member only private and semi-private lesson available. See below.

**Inclement weather:** In the event of rain or lightening all players should leave the court immediately ensuring physical distancing is maintained.

**Under review for next phase (2) date and time of implementation TBA – Stay tuned !!!!!**

- · Doubles play for all, Club and member run groups
- · Tournaments and events, Ball Machine and hitting wall

## **GO TENNIS GO PRIVATE**

Private, Semi Private, and Hitting Lessons will be available to club members. Contact Shawna to schedule!

Email: [addintennis@gmail.com](mailto:addintennis@gmail.com) or Text: 716-531-5862

### PRIVATE LESSON PACKAGE

Three Prepaid Private Lessons: \$150

Five Prepaid Private Lessons: \$225

One-Hour Lesson: \$55

### SEMI-PRIVATE LESSON PACKAGE

Three Prepaid Semi Private Lessons:  
\$90/Person

Five Prepaid Semi Private Lessons:  
\$135/Person

One Semi Private Lesson: \$35/Person

- *Tennis Professionals will be conducting lessons with zero touch techniques, and strict physical distancing protocol. The professional will review the protocol prior to lesson start. Only the professional will touch all equipment, including ball pick up! Students may help roll tennis balls with their racquet.*
- *All payments will be made through e-transfer to: [addintennis@gmail.com](mailto:addintennis@gmail.com).*

### **Prepare Your Tennis Bag / Bring with You to the Courts:**

Hand Sanitizer or Disinfectant Wipes

Water – bring plenty of water to remain hydrated during your play

Towel – trust me you will sweat!

Tennis Balls if you want to practice serves

Fun Factor Vibes

